

Superconducting quarks: Condensed Matter in the Heavens

Mark Alford

Washington University in St. Louis

Outline

I Quarks at high density

Confined, quark-gluon plasma, color superconducting

II Color superconductivity

Color-flavor locking (CFL), and beyond

III Compact stars

Transport properties, equation of state

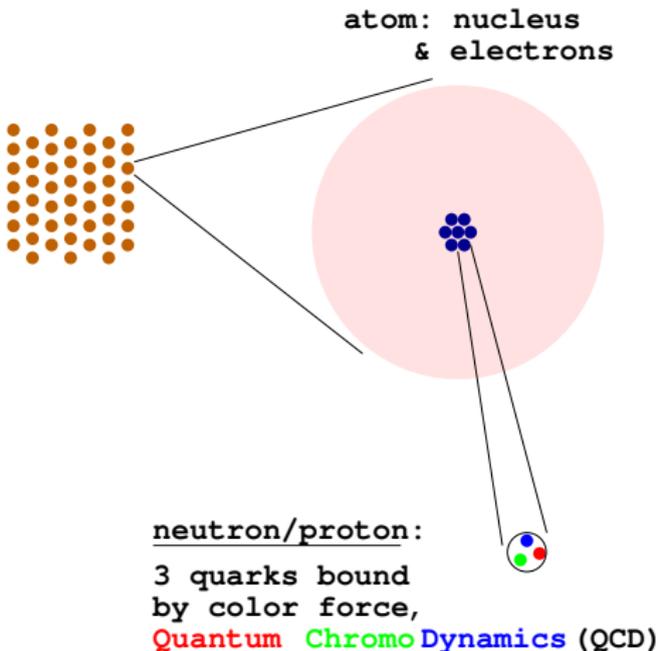
IV Looking to the future

M. Alford, K. Rajagopal, T. Schäfer, A. Schmitt, [arXiv:0709.4635](#) (RMP)

A. Schmitt, [arXiv:1001.3294](#)

I. Quarks at high density

Quarks: Building blocks of matter



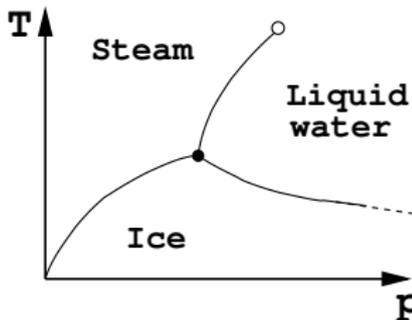
Quarks have color and flavor ("up" or "down")

proton: uud , uud , uud

neutron: udd , udd , udd

Phase Transitions

When you heat up or compress matter, the atoms *reconfigure* themselves. You get **phase transitions** between solid, liquid, and gas.



At super-high temperatures or densities, when the nuclei are constantly bashed around or remorselessly crushed together, do *quarks* reconfigure themselves?

$$T \sim 150 \text{ MeV} \quad \sim 10^{12} \text{ K}$$
$$\rho \sim 300 \text{ MeV/fm}^3 \quad \sim 10^{17} \text{ kg/m}^3$$

At such a density, a oil super-tanker is 1mm^3 in size.

Where might this occur?

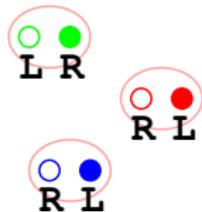
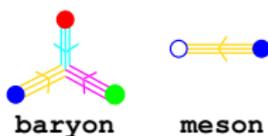
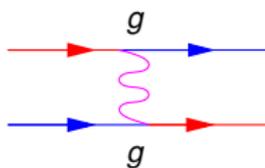
- supernovas, neutron stars;
- Brookhaven (AGS, RHIC); CERN (SPS, LHC)

Interactions between Quarks

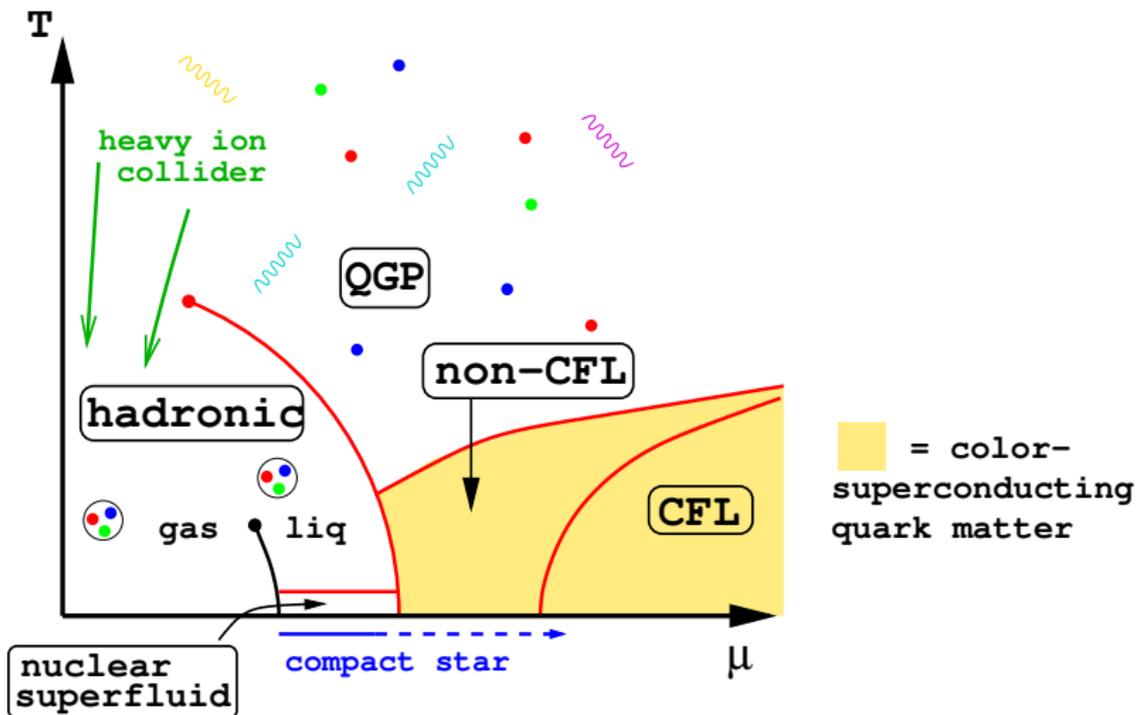
Dominant interaction between quarks is the strong interaction, described by $SU(3)$ “color” non-Abelian gauge theory (QCD).

Properties of QCD

- ▶ Short distances, $r \ll 1$ fm, asymptotically free: gauge coupling $g \ll 1$, single gluon exchange dominates, the theory is analytically tractable.
- ▶ Long distances $r > 1$ fm, QCD confines: color electric fields form flux tubes, only color-neutral states, baryons and mesons, exist.
- ▶ At low temperature ($T \lesssim 170$ MeV), Chiral (left-right) symmetry is broken: color force can't turn a LH quark to RH, but our vacuum is full of $\bar{q}_L q_R$ pairs



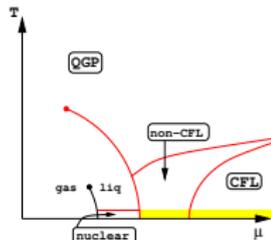
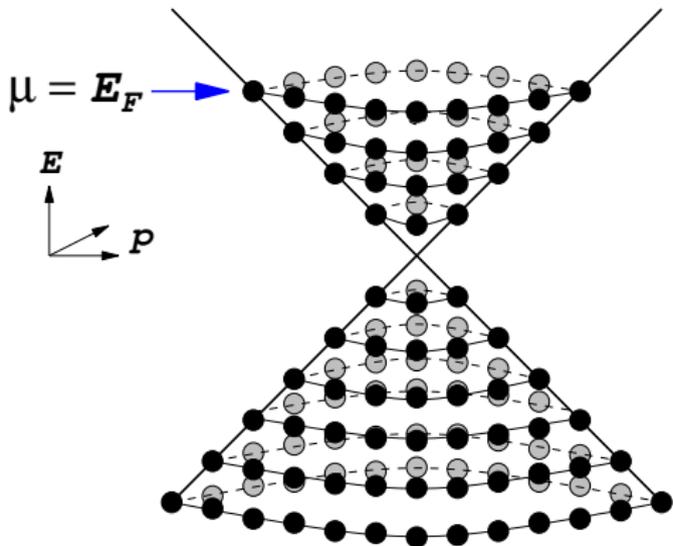
Conjectured QCD phase diagram



heavy ion collisions: chiral critical point and first-order line
compact stars: color superconducting quark matter core

Color superconductivity

At sufficiently high density and low temperature, there is a **Fermi sea** of almost free quarks.



$$F = E - \mu N$$

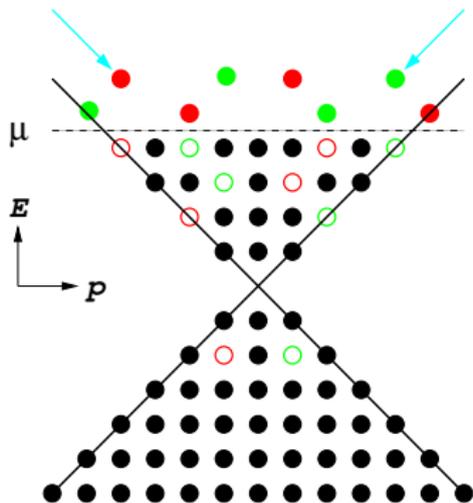
$$\frac{dF}{dN} = 0$$

But quarks have attractive QCD interactions.

Any attractive quark-quark interaction causes pairing instability of the Fermi surface: BCS mechanism of superconductivity.

BCS in quark matter: Ivanenko and Kurdgelaidze, Lett. Nuovo Cim. IIS1 13 (1969).

What is a condensate of Cooper pairs?



$$|\phi_0\rangle = \prod_{\mathbf{p}} \left(\cos(\theta_{A\mathbf{p}}) + \sin(\theta_{A\mathbf{p}}) a^\dagger(\mathbf{p})a^\dagger(-\mathbf{p}) \right) \left(\cos(\theta_{B\mathbf{p}}) + \sin(\theta_{B\mathbf{p}}) b^\dagger(\mathbf{p})b^\dagger(-\mathbf{p}) \right) \times |\text{Fermi sea}\rangle$$

$|\phi_0\rangle$, not $|\text{Fermi sea}\rangle$, is the ground state.

Physical consequences of Cooper pairing

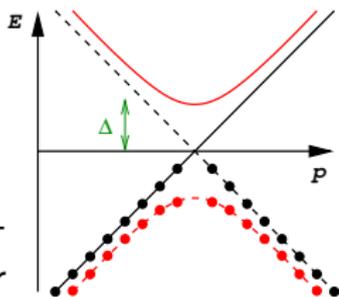
Changes low energy excitations, affecting *transport properties*.

- ▶ spontaneous breaking of global symmetries: **Goldstone bosons**, massless degrees of freedom that dominate low energy behavior.
- ▶ spontaneous breaking of local (gauged) symmetries: massive gauge bosons, exclusion of magnetic fields (**Meissner effect**).
- ▶ create a **gap in fermion spectrum**.

Adding a fermion of momentum \vec{p} near the Fermi surface disrupts the condensate in that mode:

$$a_p^\dagger (\cos \theta + \sin \theta a_p^\dagger a_{-p}^\dagger) = \cos \theta a_p^\dagger$$

This kills that mode's contribution to the binding energy of the condensate, i.e. "breaks a Cooper pair", costing energy Δ .



Handling QCD at high density

Lattice: “Sign problem”—negative probabilities

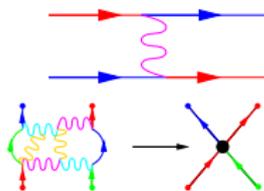
SUSY: Statistics crucial to quark Fermi surface

large N: Large corrections

pert: Applicable far beyond nuclear density.
Neglects confinement and instantons.

NJL: Model, applicable at low density.
Follows from instanton liquid model.

EFT: Effective field theory for lightest degrees of freedom.
“Parameterization of our ignorance”: assume a phase, guess coefficients of interaction terms (or match to pert theory), obtain phenomenology.



High-density QCD calculations

Guess a color-flavor-spin pairing pattern P ; to obtain gap Δ_P , minimize free energy Ω with respect to Δ_P and impose color and electric neutrality

$$\frac{\partial \Omega}{\partial \Delta_P} = 0 \quad \frac{\partial \Omega}{\partial \mu_i} = 0$$

The pattern with the lowest $\Omega(\Delta_P)$ wins!

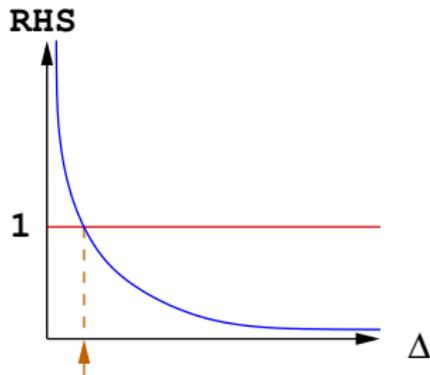
1. **Weak-coupling** methods. First-principles calculations direct from QCD Lagrangian, valid in the asymptotic regime, currently $\mu \gtrsim 10^6$ MeV.
2. **Nambu–Jona-Lasinio models**, ie quarks with four-fermion coupling based on instanton vertex, single gluon exchange, etc. This is a semi-quantitative guide to physics in the compact star regime $\mu \sim 400$ MeV, not a systematic approximation to QCD.

NJL gives $\Delta \sim 10-100$ MeV at $\mu \sim 400$ MeV.

Gap equation in a simple NJL model

Minimize free energy wrt Δ :

$$1 = \frac{8K}{\pi^2} \int_0^\Lambda p^2 dp \left\{ \frac{1}{\sqrt{\Delta^2 + (p - \mu)^2}} \right\}$$



Note BCS divergence as $\Delta \rightarrow 0$: there is *always* a solution, for any interaction strength K and chemical potential μ .

Roughly,

$$1 \sim K\mu^2 \ln(\Lambda/\Delta)$$
$$\Rightarrow \Delta \sim \Lambda \exp\left(-\frac{1}{K\mu^2}\right)$$

Superconducting gap is **non-perturbative**.

Color superconducting phases

Quark Cooper pair: $\langle q_{ia}^\alpha q_{jb}^\beta \rangle$

color $\alpha, \beta = r, g, b$

flavor $i, j = u, d, s$

spin $a, b = \uparrow, \downarrow$

There is a 9×9 matrix of possible BCS pairing patterns!

The attractive channel is: color antisymmetric
 spin antisymmetric
 \Rightarrow flavor antisymmetric

So pairing between *different flavors* is favored.

Let's start with the most symmetric case, where all three flavors are massless.

Color supercond. in 3 flavor quark matter: Color-flavor locking (CFL)

Equal number of colors and flavors gives a special pairing pattern
(Alford, Rajagopal, Wilczek, hep-ph/9804403)

$$\langle q_i^\alpha q_j^\beta \rangle \sim \delta_i^\alpha \delta_j^\beta - \delta_j^\alpha \delta_i^\beta = \epsilon^{\alpha\beta n} \epsilon_{ijn}$$

color α, β
flavor i, j

This is invariant under equal and opposite rotations of color and (vector) flavor

$$SU(3)_{\text{color}} \times \underbrace{SU(3)_L \times SU(3)_R}_{\supset U(1)_Q} \times U(1)_B \rightarrow \underbrace{SU(3)_{C+L+R}}_{\supset U(1)_{\tilde{Q}}} \times \mathbb{Z}_2$$

- ▶ **Breaks chiral symmetry**, but *not* by a $\langle \bar{q}q \rangle$ condensate.
- ▶ There need be no phase transition between the low and high density phases: (“quark-hadron continuity”)
- ▶ Unbroken “rotated” electromagnetism, \tilde{Q} , photon-gluon mixture.

Color-flavor-locked (“CFL”) quark pairing

\tilde{Q}	0	0	0	-1	+1	-1	+1	0	0
	<i>u</i>	<i>d</i>	<i>s</i>	<i>d</i>	<i>u</i>	<i>s</i>	<i>u</i>	<i>s</i>	<i>d</i>
<i>u</i>		Δ	Δ						
<i>d</i>	Δ		Δ						
<i>s</i>	Δ	Δ							
<i>d</i>					$-\Delta$				
<i>u</i>				$-\Delta$					
<i>s</i>						$-\Delta$			
<i>u</i>							$-\Delta$		
<i>s</i>								$-\Delta$	
<i>d</i>									$-\Delta$

III. Quark matter in compact stars

Where in the universe is color-superconducting quark matter most likely to exist? In **compact stars**.

A quick history of a compact star.

A star of mass $M \gtrsim 10M_{\odot}$ burns Hydrogen by fusion, ending up with an Iron core. Core grows to Chandrasekhar mass, collapses \Rightarrow supernova. Remnant is a compact star:

mass	radius	density	initial temp
$\sim 1.4M_{\odot}$	$\mathcal{O}(10 \text{ km})$	$\gtrsim \rho_{\text{nuclear}}$	$\sim 30 \text{ MeV}$

The star cools by neutrino emission for the first million years.

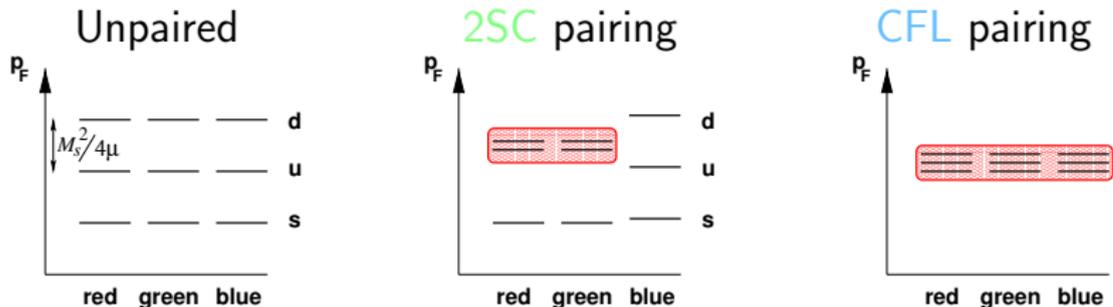
The real world: M_s and neutrality

In the real world there are three complications to the simple account given so far.

1. **Strange quark mass** is not infinite nor zero, but intermediate. It depends on density, and ranges between about 500 MeV in the vacuum and about 100 MeV at high density.
2. **Neutrality requirement.** Bulk quark matter must be neutral with respect to all gauge charges: color and electromagnetism.
3. **Weak interaction equilibration.** In a compact star there is time for weak interactions to proceed: neutrinos escape and flavor is not conserved.

So quark matter in a compact star might be CFL, or something else: gapless CFL; kaon-condensed CFL, 2SC, 1SC, crystalline, . . .

Cooper pairing vs. the strange quark mass



CFL: Color-flavor-locked phase, favored at the highest densities.

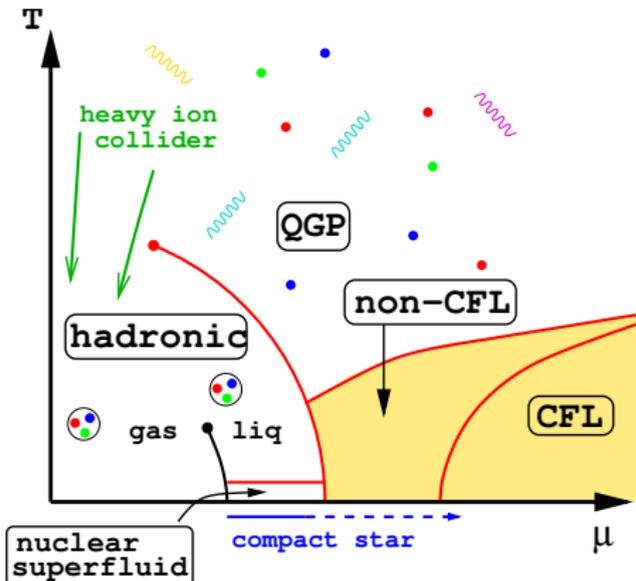
$$\langle q_i^\alpha q_j^\beta \rangle \sim \delta_i^\alpha \delta_j^\beta - \delta_j^\alpha \delta_i^\beta = \epsilon^{\alpha\beta N} \epsilon_{ijN}$$

2SC: Two-flavor pairing phase. May occur at intermediate densities.

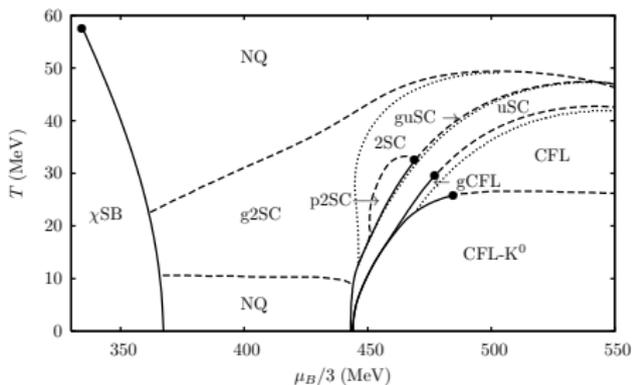
$$\langle q_i^\alpha q_j^\beta \rangle \sim \epsilon^{\alpha\beta 3} \epsilon_{ij3} \sim (rg - gr)(ud - du)$$

or: Exotic non-BCS pairing: LOFF (crystalline phase), p -wave meson condensates, single-flavor pairing (color-spin locking, \sim liq $^3\text{He-B}$).

Phases of quark matter, again



NJL model, uniform phases only

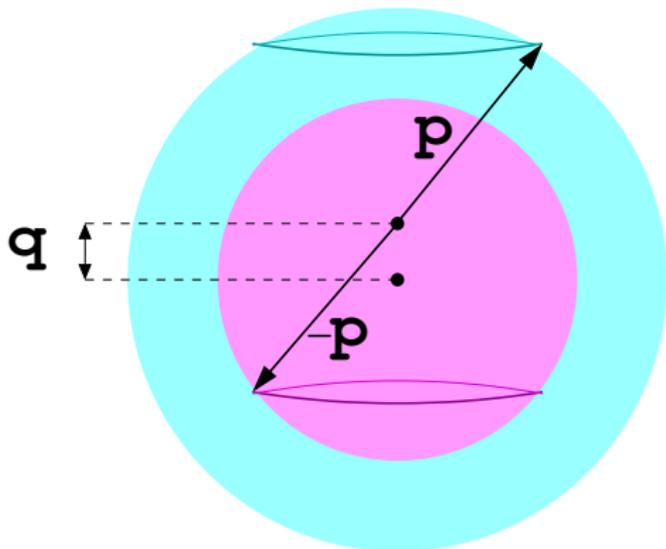


Warringa, hep-ph/0606063

But there are also non-uniform phases, such as the crystalline ("LOFF" / "FFLO") phase. (Alford, Bowers, Rajagopal, hep-ph/0008208)

Crystalline (LOFF) superconductivity

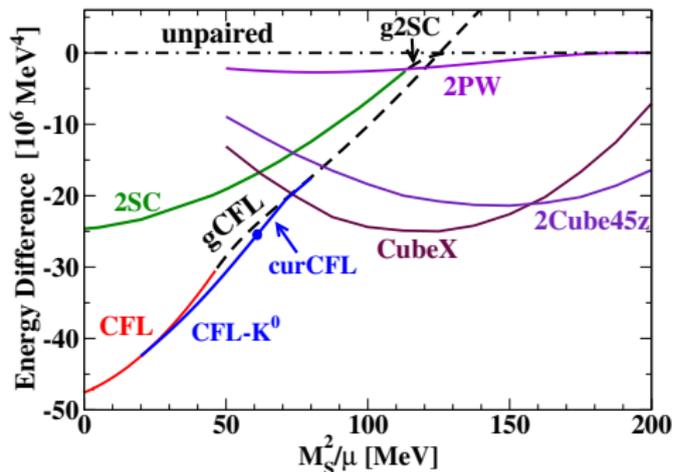
When the Fermi momenta are such that one flavor of quark is just barely excluded from pairing with another, it may be favorable to make pairs with a net momentum, so each flavor can be close to its Fermi surface.



Every quark pair in the condensate has the same nonzero total momentum $2\mathbf{q}$ (single plane wave LOFF).

Free energy comparison of phases

Assuming $\Delta_{\text{CFL}} = 25$ MeV.



- CFL- K^0 K^0 condensate
- curCFL K^0 cond current
- 2PW LOFF, 2-plane-wave
- CubeX LOFF crystal, G-L approx
- 2Cube45z LOFF crystal, G-L approx

(Alford, Rajagopal, Schäfer, Schmitt, arXiv:0709.4635)

Curves for CubeX and 2Cube45z use G-L approx far from its area of validity: favored phase at $M_s^2 \sim 4\mu\Delta$ remains uncertain.

Signatures of color superconductivity in compact stars

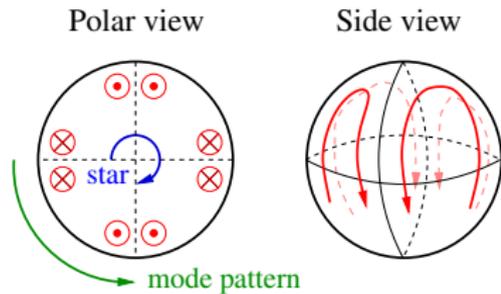
Pairing energy { affects **Equation of state** . Hard to detect.
(Alford, Braby, Paris, Reddy, nucl-th/0411016)

Gaps in quark spectra and Goldstone bosons { affect **Transport properties** :
emissivity, heat capacity, viscosity (shear, bulk),
conductivity (electrical, thermal)...

1. Cooling by neutrino emission, neutrino pulse at birth
2. Glitches and crystalline ("LOFF") pairing
3. Gravitational waves: r-mode instability, shear and bulk viscosity

r-modes: gravitational spin-down of compact stars

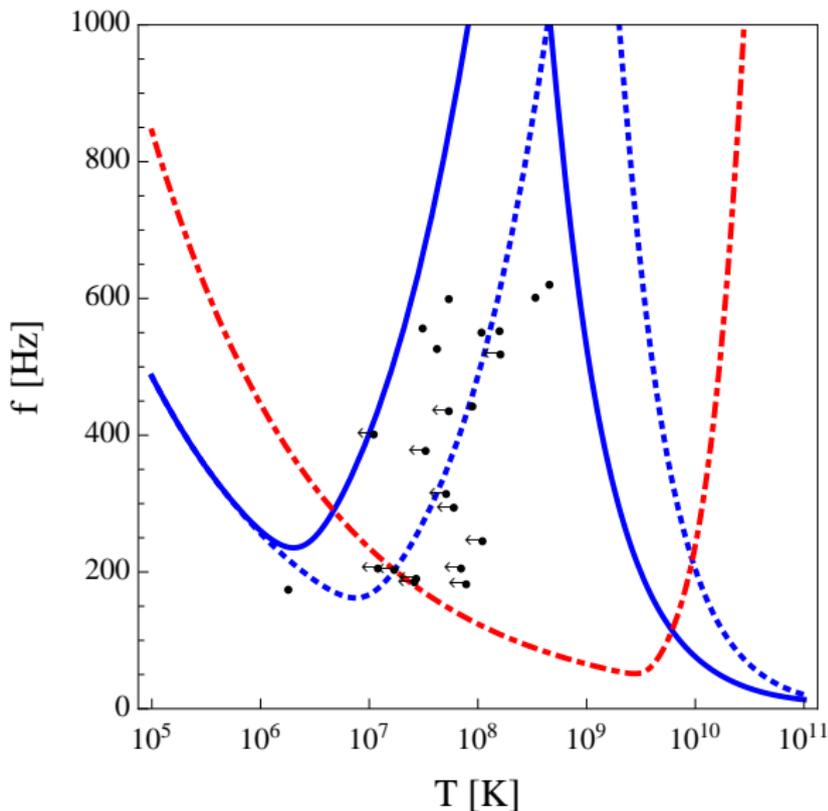
An r-mode is a quadrupole flow that emits gravitational radiation. It becomes unstable (i.e. arises spontaneously) when a star spins fast enough, and if the shear and bulk viscosity are low enough.



Andersson gr-qc/9706075

Friedman and Morsink gr-qc/9706073

Constraints from r-modes



Regions above curves are “forbidden” because viscosity is too low to hold back the *r*-modes.

Data for accreting pulsars in binary systems (LMXBs) vs instability curves for **nuclear** and **hybrid** stars.

(Schwenzer arXiv:1212.5242)

IV. Looking to the future

- ▶ Neutron-star phenomenology of color superconducting quark matter:
 - ▶ mass-radius and equation of state
 - ▶ analysis of r-mode spindown vs data
 - ▶ elimination/evaluation of other r-mode damping mechanisms
 - ▶ neutrino emissivity and cooling
 - ▶ structure: nuclear-quark interface (gravitational waves?)
 - ▶ color supercond. crystalline phase (glitches) (gravitational waves?)
 - ▶ CFL: vortices but no flux tubes; stability of vortices. . .
- ▶ More general questions:
 - ▶ instability of gapless phases; better treatment of LOFF
 - ▶ better weak-coupling calculations
 - ▶ role of large magnetic fields
 - ▶ solve the sign problem and do lattice QCD at high density.